



CUTASA S.L. COLECTIVIDADES

MENUS DEL MES DE FEBRERO SIN CERDO



LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
				1
3 Lentejas con puerro y zanahoria / Lentils stew with vegetables Tortilla de patata con ensalada / Potato omelette with salad Yogurt , Pan / Yoghurt, bread	4 Macarrones con pavo y tomate / Macaroni with turkey in tomato sauce Merluza en salsa con ensalada / Hake in sauce with salad Fruta, Leche , Pan / Fruit, milk, bread	5 Judías Verdes Rehogadas / Sauted green beans Pollo Con Patata panadera / Chicken with potatoes Fruta, Leche , Pan / Fruit, milk, bread	6 Garbanzos Con Arroz Y Verdura / Chickpeas stew with rice Filete De hallibut Con Tomate Y Ensalada / Baked pomfret in tomato sauce Fruta, Leche , Pan / Fruit, milk,	7 Sopa verdura / vegetable soup Albóndigas pollo En Salsa Con Patatas /Meatballs in sauce with potatoes Fruta, Leche , Pan / Fruit, milk, bread
10 Arroz con tomate / Rice in tomato sauce Dados de rape con ensalada / baked Monkfish with salad Yogurt , Pan / Yoghurt, bread	11 Brócoli salteado / Sauted brócoli Filetes Rusos pollo Con Patatas Dado / Burguer in sace wit potatoes Fruta, Leche , Pan / Fruit, milk, bread	12 Sopa de Cocido/ Stew Soup Patata, Zanahoria, Carne de Ternera y Pollo/ Chickpeas, Meat and Cabbage Stew Fruta y Leche / Fruit and milk,	13 Puré de zanahoria / Carrot puree Ragout pavo Con patata / Turkey stew with potatoes Fruta, Leche , Pan / Fruit, milk, bread	14 Pasta carbonara / Pasta in carbonara sauce Bacalao rebozado con ensalada / Battered cod with salad Fruta, Leche , Pan / Fruit, milk, bread
17 Espaguettis con tomate / Spagetti in tomato Filete De Limanda Con Ensalada / Baked sole with salad Yogurt , Pan / Yoghurt, bread	18 Lentejas Guisadas / Lentils stew Tortilla De Espinacas Con Pavo Y Ensalada / Spinach omelette with turkey Fruta, Leche , Pan / Fruit, milk, bread	19 Pure De calabaza / Pumpkin puree Estofado de Ternera salsa y cous cous / veal stew with cocus cous Fruta, Leche , Pan / Fruit, milk, bread	20 Arroz Con Verduras / Rice with vegetables Merluza Con Tomate / Baked hake in tomato sauce Fruta, Leche , Pan / Fruit, milk, bread	21 Judias blancas con verdura / Beans stew with vegetables Pavo con ensalada / Grilled turkey with salad Fruta, Leche , Pan / Fruit, milk, bread
24 Caracolas Con Atún / pasta with tuna Merluza Romana Con Ensalada / Battered hake with salad Yogurt , Pan / Yoghurt, bread	25 Judías Pintas Con Arroz / Beans stew with rice Huevos rellenos Con Ensalada / Stuffed eggs with salad Fruta, Leche , Pan / Fruit, milk, bread	26 Crema De Verduras / Vegetables cream Escalope de pollo Con Patatas / Breaded chicken with potatoes Fruta, Leche , Pan / Fruit, milk, bread	27 Sopa de Cocido / Stew Soup Patata, Zanahoria, Carne de Ternera y Pollo/ Chickpeas, Meat and Cabbage Stew Fruta y Leche / Fruit and milk,	