



# CUTASA S.L. COLECTIVIDADES

## MENUS DEL MES DE FEBRERO SIN CERDO



| LUNES                                                                                                                                                             | MARTES                                                                                                                                                                      | MIÉRCOLES                                                                                                                                                                             | JUEVES                                                                                                                                                                                      | VIERNES                                                                                                                                                                                                 |
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|                                                                                                                                                                   |                                                                                                                                                                             |                                                                                                                                                                                       |                                                                                                                                                                                             | 1                                                                                                                                                                                                       |
| <b>1</b><br>Patatas con verdura / potato stew with vegetables<br>Tortilla de pavo con lechuga y maiz /Turkey omelette with salad<br>Yogurt , Pan / Yoghurt, bread | <b>2</b><br>Macarrones con tomate / Macaroni in tomato sauce<br>Cazon al horno con ensalada / Baked monkfish in sauce with salad<br>Fruta, Leche , Pan / Fruit, milk, bread | <b>3</b><br>Judías Verdes Rehogadas / Sauted green beans<br>Jamoncitos De Pollo Con Patata panadera / Roast chicken with potatoes<br>Fruta, Leche , Pan / Fruit, milk, bread          | <b>4</b><br>Pure de calabaza / Pumpkin puree<br>Pavo con arroz pilaf / Grilled turkey with pilaf rice<br>Fruta, Leche , Pan / Fruit, milk, bread                                            | <b>5</b><br>Alubias con puerro y zanahoria / Lentils beans with vegetables<br>Filete de limanda empanado com zanahoria y lechuga/ Breaded limanda with salad<br>Fruta, Leche , Pan / Fruit, milk, bread |
| <b>8</b><br>Arroz tres delicias / Three delices rice<br>Dados de rape con maiz lechuga y aceituna / Battered monkfish with salad<br>Yogurt , Pan / Yoghurt, bread | <b>9</b><br>Puré de zanahoria / Carrot puree<br>Ragout de pavo con cous cous / Turkey stew with cous cous<br>Fruta, Leche , Pan / Fruit, milk, bread                        | <b>10</b><br>Sopa de Cocido/<br><i>Stew Soup</i><br>Patata, Zanahoria, Carne de Ternera y Pollo/<br><i>Chickpeas, Meat and Cabbage Stew</i><br>Fruta y Leche / <i>Fruit and milk,</i> | <b>11</b><br>Pasta con tomate / Pasta in tomato sauce<br>Bacalao rebozado con ensalada mixta / Battered cod with salad<br>Fruta, Leche , Pan / Fruit, milk, bread                           | <b>12</b><br>Brócoli salteado / Sauted brocoli<br>Filetes Rusos ternera Con Patatas<br>Dado / Burguer in sauce wit potatoes<br>Fruta, Leche , Pan / Fruit, milk, bread                                  |
| <b>15</b><br>Espaguettis con tomate /Spagetti with tomato<br>Filete De Limanda con lechuga y maiz / Baked sole with salad<br>Yogurt , Pan / Yoghurt, bread        | <b>16</b><br>Judias pintas Guisadas / Pinto beans stew<br>Huevos revueltos Y Ensalada / screambled eggs and salad<br>Fruta, Leche , Pan / Fruit, milk, bread                | <b>17</b><br>Crema De Verduras / Vegetables cream<br>Escalope de pollo Con Patatas / Breaded chicken with potatoes<br>Fruta, Leche , Pan / Fruit, milk, bread                         | <b>18</b><br>Arroz ecologico Con vegetales / Ecologic Rice with vegetables<br>ventresca de merluza horno Con Tomate / Baked hake in tomato sauce<br>Fruta, Leche , Pan / Fruit, milk, bread | <b>19</b><br>FESTIVO                                                                                                                                                                                    |
| <b>22</b><br>FESTIVO                                                                                                                                              | <b>23</b><br>Lentejas guisadas / Lentils stew<br>Huevos cocidos Con pisto / Boiled eggs with pisto<br>Yogurt , Pan / Yoghurt, bread                                         | <b>24</b><br>Caracolas con tomate / pasta shells with tomato<br>Merluza Romana con lechuga y maiz / Battered hake with salad<br>Fruta, Leche , Pan / Fruit, milk, bread               | <b>25</b><br>Pure de calabacin ecológico / Ecologic courgette puree<br>Filete de pollo con Patatas / Grilled chicken with potatoes<br>Fruta, Leche , Pan / Fruit, milk, bread               | <b>26</b><br>Sopa de Cocido/<br><i>Stew Soup</i><br>Patata, Zanahoria, Carne de Ternera y Pollo/<br><i>Chickpeas, Meat and Cabbage Stew</i><br>Fruta y Leche / <i>Fruit and milk,</i>                   |